

# The ABCS Relationship Stack™

**BUILD RELATIONSHIPS THAT AFFIRM, CHALLENGE, AND ELEVATE YOU.**

Nobody rises alone. Build relationships that strengthen your judgment, hold you accountable, stand with you through change, and advocate for you when you are not in the room.

**A**

## PROFESSIONAL ADVISORS

Trusted experts who strengthen judgment, expose blind spots, and support your long-term well-being and positioning.

*Who do I turn to for counsel before I need it?*

- |          |          |
|----------|----------|
| 1. _____ | 3. _____ |
| 2. _____ | 4. _____ |

PERSPECTIVE

**B**

## ACCOUNTABILITY BUDDIES

Peers who challenge excuses, confront drift, and hold you to the standards you say matter.

*Who tells me the truth when it is uncomfortable?*

- |          |          |
|----------|----------|
| 1. _____ | 3. _____ |
| 2. _____ | 4. _____ |

ACCOUNTABILITY

**C**

## RIDE OR DIE CREW

People who know you beyond your title and remain present through pressure, setbacks, transitions, and growth.

*Who stands with me when circumstances change?*

- |          |          |
|----------|----------|
| 1. _____ | 3. _____ |
| 2. _____ | 4. _____ |

BELONGING

**S**

## INVESTED SPONSORS

Leaders who use credibility, access, influence, and political capital to advocate for your advancement.

*Who speaks for my leadership when I am absent?*

- |          |          |
|----------|----------|
| 1. _____ | 3. _____ |
| 2. _____ | 4. _____ |

ADVOCACY

### THE RELATIONSHIP CHALLENGE

**Which relationship needs your attention now?**

Whose leadership journey are you helping advance?

One relationship I will invest in: \_\_\_\_\_